



## Easy Pizza Sauce

Yes, pizza can be healthy and delicious! This no-sugar, nutritious sauce is excellent for homemade pizza with fresh veggies straight from the fridge. It's simple, satisfying, and perfect for anyone craving a guilt-free pizza.

See how easy and quick a full pizza meal comes together on my YouTube channel.

Let's get started!

### Ingredients

1-8 oz can organic tomato sauce (with no added sugar)  
1-6 oz can organic tomato paste (with no added sugar)  
1 tsp organic dried oregano  
1/2 tsp organic dried rosemary  
1/2 tsp organic basil  
1 tsp soffritto seasoning

### Instructions

Combine all ingredients in a small bowl & mix well.

To keep it healthy, and stay on your gluten free, sugar free food plan, this pizza sauce pairs especially well with your favorite cauliflower pizza crust or a Simple Mills boxed almond pizza crust.

Pizza topping ideas: onion, tomatoes, zucchini, mushrooms, red/green pepper, fresh parsley, olives, and/or even pineapple!

Bon Appetit!